

Musical Director Wendy Morrow, a professional music teacher, performer of folk and world music and also a music therapy practitioner. Wendy is a talented musician and plays harp, flute, piano and guitar and has other choirs.

Musical Co-director Mark Anstead, a professional musician who is accomplished at playing and teaching, violin and piano. Mark originally joined Rising Voices in when it was launched in 2013. He is also the Musical Director for St Wilfrids Hospice Choir in Chichester.

Steering Group Members include:

Noeline Young
Sue Banton
Jacky Adams
Adrian Bennett
Lynne Burton
Heather Dixey
Anita Anstead
Annette Thomas

Chair
Minutes Secretary
Membership Secretary &
Lyric Librarian
Raffles

Patrons:

Dr Alastair Smith, Chris Dowie and
Gavin Carr (Bournemouth Symphony
Chorus).

As a member of LMHC Rising Voices, you are entitled to vote at the AGM
**Thank you for joining us and we hope you enjoy singing with Rising
Voices.**

NY2026 LMHC Rising Voices is a registered charity number 1120193.



Welcome Information for members about our choir



**The choir normally meets on: Tuesday's 6.45-9pm
at Lewis-Manning Hospice Care, Longfleet Road,
Poole BH15 2J**

About us:

LMHC Rising Voices Choir aims to link music and health together. Anyone who has experience of cancer or a life limiting illness, either personally or who has supported a loved one or friend can join us. We like to have fun and enjoy each other's company, learn new songs and remember old favourites. No audition, no need to read music, just come along.

Website:

There is lots of information on the Lewis - Manning website <https://lewis-manning.org.uk/> where you can find details **About us**, latest **News**, list of forthcoming events, our photo **Gallery** and links to Facebook.

So do take a look or get someone to show you.

Lyrics and some backing tracks are also available on the Rising Voices website in the **Members Area**. The password is: *riseandsing* written as all one word in lower case.

In this section you will also find the Steering Group **Minutes**, useful if you want to check what's up and coming. In the **Resources** area you will also find those all-important breathing exercises.

There is also the opportunity to **Donate** via Just Giving

Contact us:

Email choir@lewis-manning.org.uk

Or **Phone/text** or leave a message on **07500 676083**

Events/performances:

Throughout the year LMHC Rising Voices takes part in events – both formal and informal. If you would like to take part in an event then please add your name to the sign-up sheets that are available on rehearsal nights. If you are unable to attend an event, please take your name off the sign-up sheet or email admin or text our phone. This is especially important for events where food has been ordered.

Note: To take part in an event people need to have been to at least three recent rehearsals.

The dress code for events:

Daytime and informal events – Blue LMCH Rising Voices Tee shirts with black skirt or black trousers, black shoes and waterfall cardigans or Rising Voices fleeces.

Evening and formal events – Black evening dress or black skirt or trousers with a black top and black shoes, blue waterfall cardigan or blue fleece for the ladies. Black shirt, trousers, blue tie for the men and black shoes.

Details of the dress code will be on the sign-up sheet for each event.

We try to keep the cost of these items down. If you are not sure about buying our branded clothing, we have some spares you can borrow for one-off events. If you have a Tee shirt or fleece you no longer require, please return them; spares are always useful. Also available to buy are black folders for lyrics, pin badges, pens.

Note: there will be photos and filming during events. If you do not want your photo taken, please inform the photographers.